

# **Texas Prescription Monitoring Program**

**THA Opioid Prescribing Guidelines  
Workgroup Meeting**

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**November 8, 2017**



**TEXAS STATE BOARD OF PHARMACY**

# Goals

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- Review the history of the Prescription Monitoring Program in Texas
- Discuss using the Prescription Monitoring Program
- Review legislation passed by the 85<sup>th</sup> Texas Legislature



# January 1, 1981

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- The Texas Legislature passed Senate Bill 394, requiring prescriptions for Schedule II medications to be issued on triplicate form.
- Prescriptions were required to be filled no later than the end of the second day on which the prescription was issued.
- The program was administered by the Texas Department of Public Safety (DPS).



# February 23, 1982

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- DPS adopted rules regarding the Triplicate Program.



MUST BE FILLED WITHIN 7 DAYS

REV. 3-02

PATIENT OR ANIMAL OWNER'S NAME (PLEASE PRINT)

( )

AGE OR DOB

DATE ISSUED

PATIENT OR ANIMAL OWNER'S ADDRESS (PLEASE PRINT)

CITY

STATE

ZIP CODE

**R** SINGLE PRESCRIPTION ONLY

PRACTITIONER: INDICATE IF 'BRAND MEDICALLY NECESSARY'



1-24



25-49



50-74



75-89



100 +

PRACTITIONER SIGNATURE

PHARMACY USE ONLY

DPS 50060000      DEA BM4809060  
PHANT, L E DO  
TRIPLICATE PRESCRIPTION MSC 0439  
P O BOX 4087  
AUSTIN, TX      78773

PHONE ( )

PHARMACIST SIGNATURE

DATE FILLED

Rx NUMBER

COPY 1  
DPS

MAIL TO: TEXAS PRESCRIPTION PROGRAM  
P O BOX 4087  
AUSTIN, TEXAS 78773-0439



CHECK IF  
EMERGENCY

CONTROL  
NUMBER 02162 17 133 25

# Spring 1983

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- DPS survey shows significant decrease in Schedule II prescriptions issued.
- “The Triplicate Prescription Program appears to be accomplishing the legislative intent.”



# August 1, 1989

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- The Texas Controlled Substances Act was amended by Senate Bill 29 so only a licensed pharmacist or intern may dispense a controlled substance.
- Patients must show valid ID to pick up their prescription.



# 1994 – 1995

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- Between 1994 and 1995, DPS made several changes to the Triplicate Prescription form, including an increased area for drug information.
- The new forms DID NOT invalidate the previous forms.



# September 1, 1999

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- House Bill 1070 was passed by the Legislature amending the Controlled Substances Act.
- The triplicate prescription form was replaced with an official prescription form.
- The forms were required to be sequentially numbered and were still issued by DPS.



JOHN Q. SAMPLE, MD  
1234 MAIN STREET  
DALLAS, TX 75212

DEA# BB9999999

DPS# L9999999



CTRL# 9999999999



Name \_\_\_\_\_

Address \_\_\_\_\_

Age or DOB \_\_\_\_\_ Date \_\_\_\_\_

SECURITY FEATURES ON BACK

R



EARLIEST FILL DATE \_\_\_\_\_

\_\_\_\_\_  
PRACTITIONER SIGNATURE - INDICATE IF "BRAND MEDICALLY NECESSARY"

\_\_\_\_\_  
PHARMACIST SIGNATURE

\_\_\_\_\_  
Rx NUMBER

\_\_\_\_\_  
DATE FILLED

# September 1, 1999 (Continued)

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- Senate Bill 254 required pharmacies to electronically submit Schedule II prescription information to DPS.



# September 1, 2008

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- The Controlled Substance Act is amended to include Schedule III through V medications to the Prescription Monitoring Program.
- Schedule II prescriptions may be dispensed up to 21 days after issuance.



# 2015

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- In 2015, the 84<sup>th</sup> Texas Legislature voted to transfer the PMP from DPS to the Texas State Board of Pharmacy.



# 2015

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- Senate Bill 195 moved the Prescription Monitoring Program from the Department of Public Safety (DPS) to the Board of Pharmacy; and
- Eliminated the Texas Controlled Substance Registration program.



# Timeline for Transfer of the PMP Program

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- **November 2015** – RFP for the new PMP issued by TSBP.
- **January 2016** – **Appriss selected as the vendor.**
- **February – May 2016** – System installation at TSBP.
- **May/June 2016** – Testing of program.
- **September 1, 2016** – NEW PMP goes live.



# September 1, 2016

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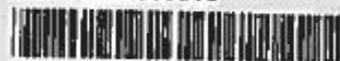
- The Controlled Substance Registration is abolished.
- TSBP goes live with the new Prescription Monitoring Program.



TEXAS STATE BOARD OF PHARMACY

FIRST M LAST MD  
123 SAMPLE ST  
AUSTIN TX 78701  
Phone # (512) 555-5555

DEA# MZ4000010



CTRL# 162420001199



\_\_\_\_\_  
NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
AGE OR DOB \_\_\_\_\_ DATE \_\_\_\_\_

R



\_\_\_\_\_  
PRACTITIONER SIGNATURE - INDICATE IF "BRAND MEDICALLY NECESSARY"  
\_\_\_\_\_  
PHARMACIST SIGNATURE  
\_\_\_\_\_  
Rx NUMBER \_\_\_\_\_ DATE FILLED \_\_\_\_\_

SECURITY FEATURES ON BACK

# PMP Account Setup



**TEXAS STATE BOARD OF PHARMACY**

# PMP AWARe

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**Go to the PMP Website:**

[texas.pmpaware.net](http://texas.pmpaware.net)

**OR**

**Go to the TSBP Website:**

[www.pharmacy.texas.gov](http://www.pharmacy.texas.gov)





# TEXAS STATE BOARD OF PHARMACY

- HOME
- CONSUMERS ▾
- PHARMACISTS ▾
- INTERNS ▾
- PHARMACIES ▾
- PHARMACY TECHNICIANS ▾
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## Categories

- Pharmacy Laws / Rules
- TSBP Educational Programs
- Training/Informational Videos
- License Renewals
- Change of Address / Employment
- Open Records Requests
- Complaint Process

[New Pharmacist-In-Charge Requirements For Class E Pharmacies -- Effective 9-1-16](#)

### Pharmacists



#### Pharmacists

- [Apply for License](#)
- [Renew License](#)
- [Forms](#)

### Interns



#### Interns

- [Apply- Student Application](#)
- [Apply- Extended Application](#)

### Pharmacies



#### Pharmacies

- [Apply for License](#)
- [Update License](#)

### Technicians



#### Technicians

- [Apply for License](#)
- [FAQs](#)
- [Duties](#)

[The Texas State Board of Pharmacy](#) is the state agency responsible for the licensing/registration of Texas pharmacists, pharmacy technicians, and pharmacies; for establishing regulations for pharmacy practice; and for disciplining licensees and registrants. Look here for information about the Board's [mission](#), [Compact with Texans](#), [policies and guidelines](#), [members](#), [staff](#), [public information reports](#), [statutes](#), [meeting agendas](#), [calendar of events](#) and more.

## Updates, News & Notices

- [Avoid Losing Your Medicaid Pharmacy Enrollment and Payments](#)
- [Recognizing Nontherapeutic Dispensing](#)

VERIFICATIONS  
CHECK LICENSE STATUS

TEXAS PMP  
PRESCRIPTION MONITORING PROGRAM

CONSUMERS  
PUBLIC RESOURCES

LOGIN  
ACCESS MY ACCOUNT



Help

PMP AWAR<sub>x</sub>E

## Log In

Email

Password

[Reset Password](#)

Login

[Create an Account](#)





# Registration Process

Create an Account

[Registration Process Tutorial](#) 



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Email

Password

Password Confirmation

[Save and Continue](#)



# Registration Process

Create an Account

[Registration Process Tutorial](#)



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Email

Password



Password Confirmation



Save and Continue



# Registration Process

Select your User Roles

[Registration Process Tutorial](#) ↕



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## ▼ Healthcare Professional

- Physician (MD, DO)
- Dentist
- Nurse Practitioner / Clinical Nurse Specialist
- Physician Assistant
- Podiatrist (DPM)
- Optometrist
- Pharmacist
- Veterinarian
- Medical Resident with Prescriptive Authority
- Pharmacy Technician
- Prescriber Delegate - Unlicensed
- Prescriber without DEA

## ► Other

[Save and Continue](#)



Gmail

Navigation icons: back, forward, archive, trash, folders, search, and More.

1 of 1 < > ⚙️

COMPOSE

Welcome to TEXAS PMP AWARE. Inbox x



- Inbox
- Starred
- Sent Mail
- Drafts
- More

no-reply-pmpaware@globalnotifications.com via amazonses.com  
to me

8:38 AM (0 minutes ago) ☆ ↶

## Welcome to TEXAS PMP AWARE

You have successfully signed up for TEXAS PMP AWARE. Your username is: [txdoctormp@gmail.com](mailto:txdoctormp@gmail.com).  
Please follow the link to [verify your email](#).



### Additional registration instructions:

#### Role: Physician (MD, DO)

##### Instructions

I certify that I am authorized by state law to access information in the PMP database and have met the requirements to be eligible to access the PMP database. I further understand that I must treat the information in the PMP system as confidential healthcare information in accordance with federal and state laws. I understand that inappropriate access or disclosure of PMP information is a violation of federal and state law, and may result in disciplinary action, revocation of PMP database access, civil penalties, and/or criminal action. I understand the PMP administrator will conduct auditing activities to monitor for unusual or potentially unauthorized use of the system. I acknowledge that I am responsible for the use of my username and password and will never share this information with anyone, including my co-workers and staff. If my account access is comprised, I agree to notify the PMP immediately.



# Registration Process

Create an Account

[Registration Process Tutorial](#)



[Get Adobe Acrobat Reader](#)

All fields with an asterisk (\*) are required.

## Personal

DEA Number(s) \*

DEA Numbers Added

National Provider ID

Professional License Number \*

License Type \*

First Name \*

Middle Name

Last Name \*

Date of Birth \*

Last 4 digits of SSN \*

Primary Contact Phone \*



# Security Question Set Up

Security Questions Select each question only once

Question 1

Answer 1

Answers are not case-sensitive

Question 2

Answer 2

Question 3

Answer 3

Save & Continue



# Security Question Set Up

Security Questions Select each question only once

Question 1

What street did you live on in third grade?

Answer 1

....

Answers are not case-sensitive

Question 2

What is the middle name of your oldest child?

Answer 2

....

Question 3

In what city or town was your first job?

Answer 3

.....

Save & Continue





## Your Account is Pending Approval

## Welcome

[Registration Process Tutorial](#)



[Get Adobe Acrobat Reader](#)

Based on the User Roles you've chosen, you may be required to submit additional documentation. You will receive an email with instructions and the necessary forms to be submitted. Once all validation documents are met, your registration will be reviewed for approval. Watch your email or log in for status updates.

## Your User Roles

Healthcare Professional	Validation Documents Required	Documentation Received
Physician (MD, DO)	None Required	

# Patient Request

[Patient Rx Request Tutorial](#)



[Get Adobe Acrobat Reader](#)

## Patient Info

First Name\*  Partial spelling

Last Name\*  Partial spelling

DOB\*

Phone Number

## Patient Location

City

State/Province

Zip Code

## Prescription Fill Dates

From\*

No earlier than 3 years from today

## PMP Interconnect Search

- Arkansas
- Connecticut
- Idaho
- Kansas
- Louisiana
- Massachusetts
- Minnesota
- Mississippi
- New Mexico
- North Dakota
- Oklahoma
- South Carolina

DOB\*

Phone Number

State Select

Zip Code

### Prescription Fill Dates

From\*

No earlier than 3 years from today

To\*

- Louisiana
- Massachusetts
- Minnesota
- Mississippi
- New Mexico
- North Dakota
- Oklahoma
- South Carolina

I agree to the terms of [the acknowledgement](#).

Search

## Bulk Patient Search

Enter Patients by

### Manual Entry

First Name\*

Last Name\*

Date of Birth\*

Zip Code

OR

### File Upload

[Sample file](#)

### Name Grouping

Group Name\*

### Prescription Fill Dates

From\*

No earlier than 3 years from today

### PMP Interconnect Search

Arkansas

Connecticut

## Patient Report [Refine Search](#)

Report Prepared: 09/19/2017

Date Range: 09/01/2014 – 09/19/2017



▼ **Test Patient**    DOB: 01/01/1900    Gender: male    9701 MONROVIA

### Linked Records

Name	DOB	ID	Gender	Address
Test Patient	01/01/1900	4	male	9701 MONROVIA TEST CITY TX 87101

### Report Criteria

First Name	Last Name
Test	Patient

### Summary

Prescriptions:12    Prescribers:3    Pharmacies:3    Private Pay:12    Active Daily MME:0.0

### ▼ Prescriptions

Per CDC guidance, the conversion factors and associated daily morphine milligram equivalents for drugs prescribed as part of medication-assisted treatment for opioid use disorder should not be used to benchmark against dosage thresholds meant for opioids prescribed for pain.

Filled	ID	Written	Drug	QTY	Days	Prescriber	Rx #	Pharmacy *	Refills	MME/D	Pynt Type	PMP
06/03/2017	4	06/03/2017	OXYCODONE-ACETAMINOPHEN 5-325	120.0	30	Bo Tes	332431390	Chuck (1119)	1	30.0	Private Pay	TX
06/02/2017	4	06/02/2017	HYDROCODON-ACETAMINOPHN 10-325	120.0	30	An Tes	00841370	Bob G (1119)	0	40.0	Private Pay	TX
06/01/2017	4	06/01/2017	OXYCODONE-ACETAMINOPHEN 5-325	120.0	30	La Tes	00685875	Amin' (1119)	1	30.0	Private Pay	TX
01/01/2017	4	01/01/2017	HYDROCODON-ACETAMINOPHN 10-325	30.0	30	Bo Tes	4029964	Chuck (1119)	0	10.0	Private Pay	TX
12/01/2016	4	12/01/2016	HYDROCODON-ACETAMINOPHN 10-325	30.0	30	Bo Tes	0153130	Chuck (1119)	0	10.0	Private Pay	TX

09/01/2016	4	09/01/2016	OXYCODONE-ACETAMINOPHEN 5-325	30.0	30	An Tes	01026152	Bob G (1119)	0	7.5	Private Pay	TX
08/01/2016	4	08/01/2016	OXYCODONE-ACETAMINOPHEN 5-325	30.0	30	An Tes	9672171	Bob G (1119)	0	7.5	Private Pay	TX
07/01/2016	4	07/01/2016	OXYCODONE-ACETAMINOPHEN 5-325	30.0	30	La Tes	00843140	Amin' (1119)	0	7.5	Private Pay	TX
06/30/2016	4	11/21/2015	OXYCODONE-ACETAMINOPHEN 5-325	30.0	30	La Tes	00908069	Amin' (1119)	0	7.5	Private Pay	TX
06/01/2016	4	06/01/2016	OXYCODONE-ACETAMINOPHEN 5-325	30.0	30	La Tes	4681558	Amin' (1119)	1	7.5	Private Pay	TX

\*Pharmacy is created using a combination of pharmacy name and the last four digits of the pharmacy license number.

▼ Prescribers

Name ▲	Address	City	State	Zip	Phone
TestDoc, Angela					7437824365
TestPA, Bob					7785400448
Test-Prescriber, Larisa					4873518058

▼ Dispensers

Pharmacy ▼	Address	City	State	Zip	Phone
Chuck's Mailorder Pharmacy (1119)	5702 KUNDE BRIDGE	NIKOLAUSMOUTH	KY	41517	4704072988
Bob Group Test Pharmacy (1119)	73895 DANNIE COURT	LANGOSHVILLE	TX	87101	2097159779
Amin's Test Pharmacy (1119)	500 PARKWOOD DRIVE	ROSE HILL	TX	87101	8407694907

— \*\* —

**Admin Disclaimer:**

I understand that I must treat the information in the PMP system as confidential healthcare information in accordance with federal and state laws. I understand that inappropriate access or disclosure of PMP information is a violation of federal and state law, and may result in disciplinary action, revocation of PMP database access, civil penalties, and/or criminal action. I understand the PMP administrator will conduct auditing activities to monitor for unusual or potentially unauthorized use of the system. The information in the PMP database and reports generated from the information may contain errors resulting from the information submitted by dispensers. The Texas State Board of Pharmacy recommends independent verification of the patient prescription information with pharmacies and prescribers when prudent or necessary. The data available from other state Prescription Monitoring Programs is based on the data submitted by the dispensers in the specific state in accordance with their state's reporting requirements.

## My Rx

### Prescriptions Written

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from\*

to\*

### DEA Numbers

---

Generic Drug Name (Optional)

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# Legislation Passed by the 85<sup>th</sup> Texas Legislature



TEXAS STATE BOARD OF PHARMACY

# HB 2561 by Rep. Senfronia Thompson/Sen. Van Taylor

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- **The bill amends** the TCSA to require pharmacies to **send all required information for Schedule II – V prescriptions to the PMP** **not later than the next business day** after the date the prescription is completely filled.



# HB 2561 by Rep. Senfronia Thompson/Sen. Van Taylor (cont.)

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- **The bill amends the TCSA** to require **each regulatory agency** that issues a license, to a prescriber to promulgate **specific guidelines for prescribers** regulated by that agency for the **responsible prescribing of opioids, benzodiazepines, barbiturates, or carisoprodol.**



# Red Flags

**Texas State Board of Pharmacy “Red  
Flags” Checklist for Pharmacies YOU  
MIGHT BE A PILL MILL IF...**

*Check all that apply:*

<input type="checkbox"/>	Your pharmacy fills prescriptions for prescribers who frequently write identical prescriptions for numerous people, indicating a lack of individual dosing.
<input type="checkbox"/>	Long lines are common at your pharmacy with most people presenting prescriptions for controlled substances.
<input type="checkbox"/>	Multiple people arrive at the pharmacy in the same vehicle, or one person is picking up prescriptions for multiple people.
<input type="checkbox"/>	People receive the same controlled substances from multiple prescribers.
<input type="checkbox"/>	Multiple people with the same address present prescriptions from the same prescriber.
<input type="checkbox"/>	People often seek early refills.
<input type="checkbox"/>	You rely solely on the prescriber’s representation that prescriptions are legitimate.
<input type="checkbox"/>	You feel compelled to hire “security” to prevent problems.
<input type="checkbox"/>	People pay with cash or credit card more often than through insurance.
<input type="checkbox"/>	Your pharmacy charges and people are willing to pay more for controlled substances than they would at nearby pharmacies.
<input type="checkbox"/>	People comment about the price of the drugs on the street, refer to the drugs by their “street names,” or ask for a specific colored pill or liquid.
<input type="checkbox"/>	Multiple people, particularly those who are not regular patrons, bring in prescriptions for controlled substances from the same prescriber.
<input type="checkbox"/>	Drugs prescribed are inconsistent with the prescriber’s area of practice.
<input type="checkbox"/>	The prescriber of the drugs is located a significant distance from your pharmacy.
<input type="checkbox"/>	The person’s address is a significant distance from your pharmacy and/or from the prescriber’s office.
<input type="checkbox"/>	The Texas PMP system indicates that persons are obtaining prescriptions for the same drugs from multiple prescribers, or that persons are filling prescriptions for the same drugs at multiple pharmacies.
<input type="checkbox"/>	The prescriptions for controlled substances contain nonspecific or no diagnoses.
<input type="checkbox"/>	The prescriptions brought to the pharmacy are frequently for hydrocodone, oxycodone, tramadol, alprazolam, and/or carisoprodol, or any combination of these drugs.
<input type="checkbox"/>	Dangerous drugs or OTC products (such as multi-vitamins or laxatives) are added to controlled substance

# HB 2561 by Rep. Senfronia Thompson/Sen. Van Taylor (cont.)

---

- **The bill amends the TCSA to require a regulatory agency** that issues a license to a prescriber **to periodically access the PMP** to determine whether a prescriber is engaging in potentially harmful prescribing patterns or practices.



# HB 2561 by Rep. Senfronia Thompson/Sen. Van Taylor (cont.)

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- **The bill amends the TCSA** to specify that in determining if a potentially harmful pattern is occurring, the regulatory agencies, at a minimum, shall consider the:
  - **# of times a prescriber prescribes opioids,** benzodiazepines, barbiturates, or carisoprodol; and
  - **Patterns of prescribing combinations** of these drugs and other dangerous combinations of drugs identified by TSBP.



# HB 2561 by Rep. Senfronia Thompson/Sen. Van Taylor (cont.)

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- **The bill amends the TCSA** to specify that if, during a periodic check, a regulatory agency finds evidence that a prescriber may be engaging in potentially harmful prescribing patterns or practices, **the regulatory agency may notify that prescriber.**



# 5-5-5 Alerts

## ▼ ⚠ Suspected Prescriber/Pharmacy Shopper

🕒 08/31/2017

Please note that this person has received controlled substances prescriptions written by **10** prescribers and had them filled at **6** pharmacies during the past **3** months. This equals or exceeds the threshold of **5** prescribers and **5** pharmacies and while there may be a valid reason for this, it also may be indicative of the practice of prescriber and pharmacy shopping.

The information in the PMP database and reports generated from the information may contain errors resulting from the information submitted by dispensers. The Texas State Board of Pharmacy recommends independent verification of the patient prescription information with pharmacies and prescribers when prudent or necessary. The data available from other state Prescription Monitoring Programs is based on the data submitted by the dispensers in the specific state in accordance with their state's reporting requirements.

### PATIENT'S COUNTS

Prescribers: 10

Pharmacies: 6

Time Frame: 3 Months

### ALERT THRESHOLDS

Prescribers: 5

Pharmacies: 5

# HB 2561 by Rep. Senfronia Thompson/Sen. Van Taylor (cont.)

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- **The bill amends the TCSA** to specify that a regulatory agency that issues a license, **to a prescriber or dispenser** shall provide **TSBP with any necessary information**, including contact information for the notifications and to register the prescriber or dispenser with **the PMP.**



# PRESCRIPTION MONITORING PROGRAM

## FY2017 Quarterly Reports

	1 <sup>st</sup> Quarter	2 <sup>nd</sup> Quarter	3 <sup>rd</sup> Quarter	4 <sup>th</sup> Quarter	Year-to-Date
Registered Users	43,227	5,494	4,773	5,148	58,642
Searches	800,041	982,602	1,113,526	1,279,436	4,175,605
Prescriptions Dispensed	10,123,585	10,092,111	9,856,895	9,346,925	39,419,516

# HB 2561 by Rep. Senfronia Thompson/Sen. Van Taylor (cont.)

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- **The bill amends the TCSA** to specify that **after 9/1/2019**, a RPh or prescriber authorized access the PMP, other than a veterinarian, **shall access** the PMP for the patient **before prescribing or dispensing:**
  - Opioids;
  - Benzodiazepines;
  - Barbiturates; or
  - Carisoprodol.



# Data from the PMP (1/2017 through 7/2017)

<b>Controlled Substance Dispensed</b>	<b># Rxs Dispensed</b>	<b>% of the 4 Controlled Substances Dispensed</b>	<b>% of ALL Controlled Substances Dispensed</b>
<b>Barbiturates</b>	<b>219,430</b>	<b>&lt;1%</b>	<b>&lt;1%</b>
<b>Benzodiazepines</b>	<b>9,490,800</b>	<b>31%</b>	<b>21%</b>
<b>Carisoprodol</b>	<b>603,378</b>	<b>2%</b>	<b>1%</b>
<b>Opioids</b>	<b>20,559,108</b>	<b>68%</b>	<b>45%</b>
<b>Total of Above Controlled Substances Dispensed</b>	<b><u>30,269,338</u></b>		<b><u>67%</u></b>
<b>Total of Other Controlled Substance Dispensed</b>	<b>14,932,684</b>		<b>33%</b>
<b>Grand Total of All Controlled Substance Dispensed</b>	<b><u>45,202,022</u></b>		

**BARBITURATES, BENZODIAZEPINES, CARSIPRODOL AND OPIOIDS REPRESENT 67% OF ALL CONTROLLED SUBSTANCES DISPENSED DURING THIS PERIOD**

# Pharmacists Busted for Prying into Prince's Medical Records

Three pharmacists were caught trying to access the deceased star's records just days after his death.



# Texas Prescription Monitoring Program Social Media



[www.facebook.com/TexasPMP](http://www.facebook.com/TexasPMP)

[twitter.com/TexasPMP](https://twitter.com/TexasPMP)

- The Texas PMP Facebook and Twitter pages will offer news and updates specific to the program.
- Both accounts will contain the same information.

# Texas PMP Contact

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## *EMAIL*

texaspmp@pharmacy.texas.gov

## *PHONE*

(512) 305-8050



Thank you!



TEXAS STATE BOARD OF PHARMACY