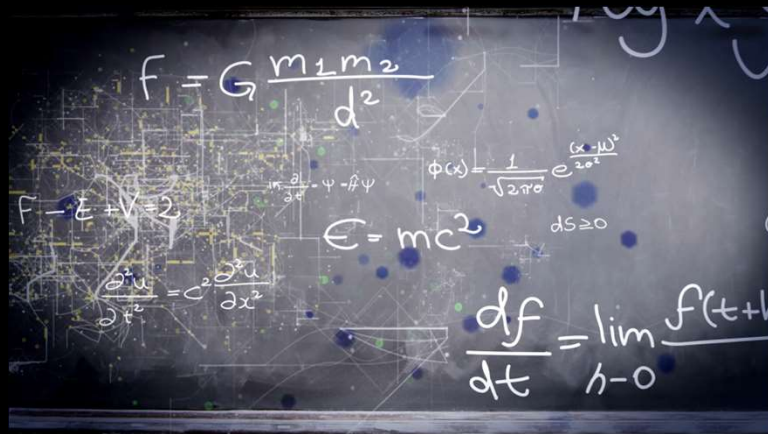# Teaching Strategies

2023 FORHP FLEX Program

Critical Access Hospital Quality Improvement Bootcamp

Part 1

Texas Hospital Association Foundation

This workshop is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of the Medicare Rural Hospital Flexibility Grant. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government.

TEXAS DEPARTMENT OF AGRICULTURE
**COMMISSIONER SID MILLER**

Objectives

- Identify various methods of teaching adult learners

- Describe strategies to make teaching more effective

- Recognize ways to manage disruptions in the learning environment

Teaching Strategies

- Processes, procedures, techniques and methods used when teaching to deliver content to the selected audience and facilitate learning
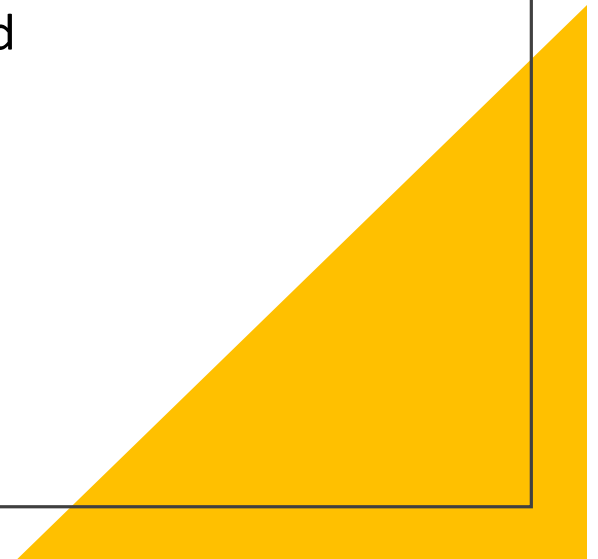
Decide on teaching format

LIVE WEBINAR

RECORDED SESSION

IN-PERSON

LEARN ON YOUR OWN

Live Webinar

Keep everyone muted vs allow to unmute

Managing chat room

When to have questions

Ensuring adequate audio

Access to dual monitors?

In-person

- Assigned seating
- Free seating
- Round tables
- Long tables
- Providing food / beverages? Where will it go?
- AV equipment
  - – how is it set up?

Comfort is Important!

- Eyes up front
  - Avoid having backs to you
- Temperature!!!
  - Not too hot, not too cold – slightly cooler tends to be better
  - More bodies = more heat
- Be mindful of chairs
  - Not always comfortable
  - Prolonged sitting can be hard

Group Size

Large audience
- Requires more structure
- Harder to maintain
- Less room for accommodation

Small audience
- Can be less structured
- Tend to be more comfortable due to less need for formality
- Easier to engage

Establish Ground Rules

Bathroom breaks

- Structured vs random break time as needed

Phones!!

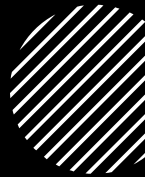- Silent is key!
- Step out for calls

When to ask questions

- Just jump right in?
- Wait until the end?

Make sure everyone has what they need before you begin

Where will you stand?

- Podium vs no podium?
- Active speaker vs stationary?
- Do you need notes?
- Is a microphone needed?

Printed Materials

- **To have or not to have**
- **What is too much?**
    - **Can become distraction**
- **Provide slide presentation**
    - **Before or after?**
- **Speaker notes?**
    - **Should you use them?**
    - **For you or for audience?**
- **Facilitate Note Taking!!!**
    - **Retention increases with active participation**

How do you know who is coming?

- Sign up sheet
  - Simple
  - Name and contact info
- Registration process
  - More formal
- Walk in
  - Can get out of hand quickly
- Control of size
  - Smaller groups best for certain training
  - Need idea of numbers to plan seating / catering
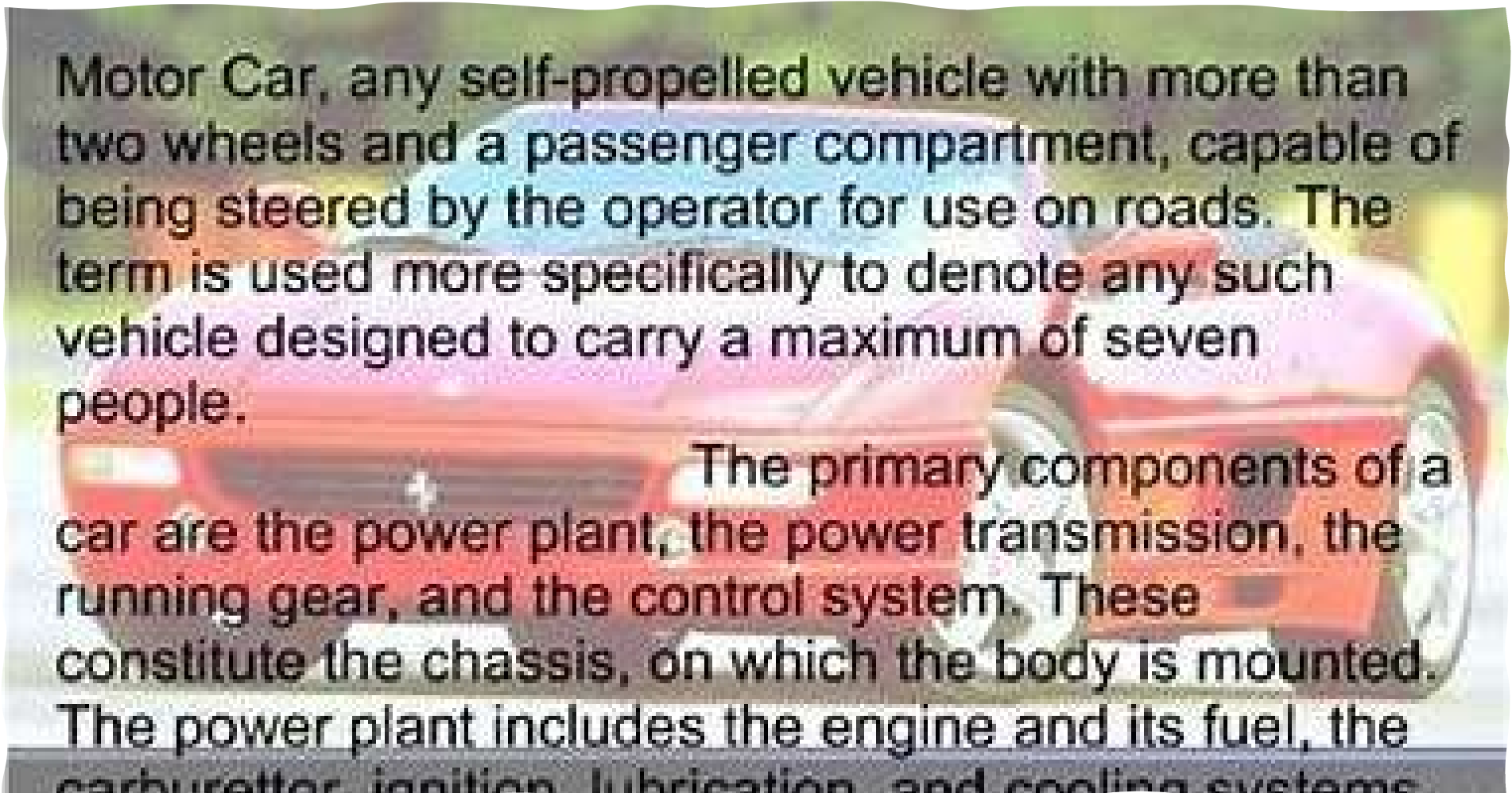
Presentation

PowerPoint

- Consider number of slides
- Keep slides to bullet points
- Practice!!!

Demonstration

- What do you need to do it?
- How will everyone see what you are doing?
- Will participants be doing their own hands-on practice

Combination

Motor Car, any self-propelled vehicle with more than two wheels and a passenger compartment, capable of being steered by the operator for use on roads. The term is used more specifically to denote any such vehicle designed to carry a maximum of seven people.

The primary components of a car are the power plant, the power transmission, the running gear, and the control system. These constitute the chassis, on which the body is mounted. The power plant includes the engine and its fuel, the carburettor, ignition, lubrication, and cooling systems.
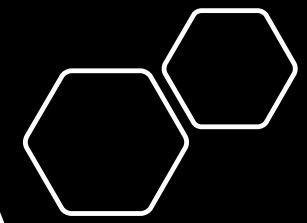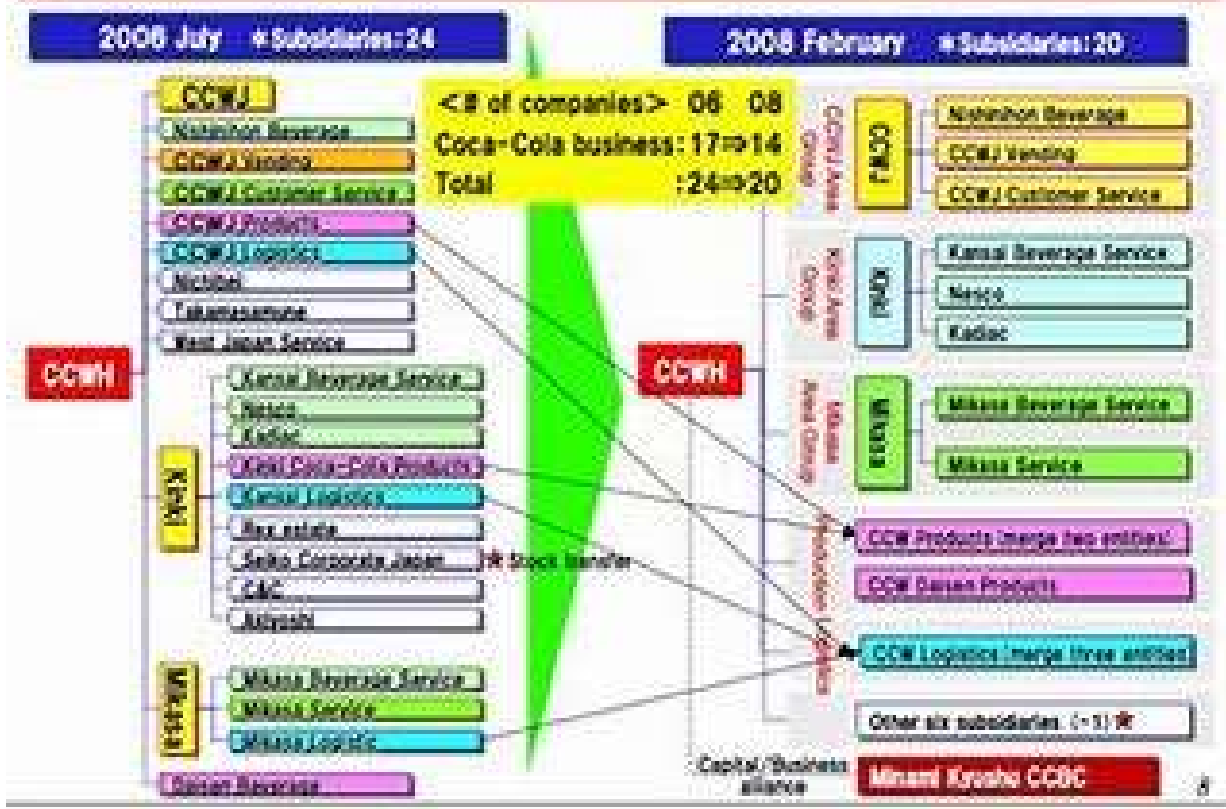
PowerPoint Tips

- Bullet points
    - avoid too much text
    - Don't just read a slide to everyone
- Break it up a bit
    - Use graphs / charts
    - Keep it simple
    - Use design template feature or make your own
    - This helps avoid eye fatigue
    - Make sure text can be seen with background
- Don't go overboard with number of slides
    - Sometimes less is more

Practice, Practice, Practice

Rehearse delivery of PowerPoint

- How long does it take?
- Is it too short / too long?
  Do you have an activity included to account for?

Practice your demonstration

- How long does it take?
- How to fill in extra time?

Managing Classroom

Redirecting when things get off topic

What about the person with so many questions?

Side conversations

Organized breaks

Questions?