V-safe is a smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after you receive a COVID-19 vaccination. Through v-safe, you can quickly tell CDC if you have any side effects after getting the COVID-19 vaccine. Depending on your answers, someone from CDC may call to check on you and get more information. And v-safe will remind you to get your second COVID-19 vaccine dose if you need one.

Your participation in CDC’s v-safe makes a difference — it helps keep COVID-19 vaccines safe.

When you get a COVID-19 vaccine, your healthcare provider will give you a v-safe information sheet. This sheet provides instructions on how to register and use v-safe.
How to register and use v-safe

You will need your smartphone and information about the COVID-19 vaccine you received. This information can be found on the vaccination record card you received during your vaccination; if you cannot find your card, please contact your healthcare provider.

Register

1. Go to the v-safe website (link provided on the v-safe information sheet your healthcare provider gave you during your COVID-19 vaccination). Read the onscreen instructions and click Get Started.
2. Enter your name, mobile number, and other requested information. Click **Register**.

3. You will receive a text message with a verification code on your smartphone. Enter the code in **v-safe** and click **Verify**.
4. At the top of the screen, click Enter vaccine information.

5. Select which COVID-19 vaccine you received (found on your vaccination record card; if you cannot find your card, please contact your healthcare provider) and enter the date you were vaccinated. Click Next.
6. Review your vaccine information. If correct, click Submit. If not, click Go Back.

7. Congrats! You're all set! If you complete your registration before 2 p.m. local time, v-safe will start your initial health check-in around 2 p.m. that day. If you register after 2 p.m., v-safe will start your initial health check-in immediately after you register — just follow the instructions.

Registration **before** 2 p.m. local time:

Registration **after** 2 p.m. local time:

What happens next?
You will receive a reminder text message from v-safe around 2 p.m. local time for the next check-in. Just click the link in the text message to start the check-in.
Complete a v-safe health check-in

1. When you receive a v-safe check-in text message on your smartphone, click the link when ready.

2. Follow the instructions to complete the check-in.
V-safe After Vaccination Health Checker | CDC

Need help with v-safe?
Call 800-CDC-INFO (800-232-4636) TTY 888-232-6348
Open 24 hours, 7 days a week

More Information

- Ensuring the Safety of COVID-19 Vaccines
- Information about COVID-19 Vaccines
- Frequently Asked Questions about COVID-19 Vaccination

Last Updated Dec. 10, 2020