



Annual Psychiatric Services Conference

July 13-14, 2009

Texas Hospital Association Headquarters, Austin, Texas

The demand for psychiatric services is well documented. One in five U.S. community hospital patients in 2006 had a mental health condition as a principal or secondary diagnosis, according to the American Hospital Association. The solutions to meet this need must be found. At this year's Psychiatric Services Conference, join your colleagues as we explore the issues impacting mental health care and share best practices in psychiatric services. You'll leave this one and one-half day conference armed with new ideas and a new energy for traversing the challenging world of mental health services.

Who Should Attend

Professionals interested in mental health services and related issues, including administrators, directors of nursing and nursing staff, department managers, quality improvement staff, social work directors, directors of behavioral health and clinical services, managed care staff, and psychiatrists and psychologists.

Co-Provided By



TEXAS HOSPITAL ASSOCIATION

AND ITS PSYCHIATRIC AND
CHEMICAL DEPENDENCY SERVICES
HOSPITALS CONSTITUENCY COUNCIL

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Agenda

Monday, July 13

8:55 a.m. Welcome

Ed Prettyman, Psy.D. chief executive officer, Texas NeuroRehab Center, Austin, and chair, THA's Psychiatric and Chemical Dependency Services Hospitals Constituency Council

9:00 The View from Washington

Carlos Jackson associate director of federal relations, American Hospital Association, Washington, D.C.

2009 brought a new president, a stimulus package, a new budget and the promise of health care reform. Change is in the air. Carlos Jackson manages mental health legislative issues for the American Hospital Association. He will share his Washington perspective on current happenings that impact the health care delivery system and shape your future.

10:00 Inside the Dome: A report from the 2009 legislative session

John Hawkins senior vice president of advocacy and public policy, Texas Hospital Association, Austin

Get an update on what occurred at the recently completed legislative session. This year, John Hawkins will share his observations about a legislative session shaped by a recession and unexpected stimulus funds that equaled 20 percent of the state's general revenue budget.

11:00 Break

11:15 The State of Medicaid and What Lies Ahead

Chris Traylor associate commissioner for Medicaid and CHIP, Texas Health and Human Services Commission, Austin

Chris Traylor manages the Medicaid and CHIP programs. He will provide an update on what is happening in a program that serves millions of Texans. He also will address any Medicaid mental health issues that may have developed in the just-completed legislative session.

12:15 p.m. Lunch

1:00 Diagnosis and Treatment of Dual-Diagnosis Disorders in Chemically Dependent Patients

William Loving, M.D. medical director, Texas Star Recovery, Austin

Learn about the various issues and concepts involved in the effective diagnostic and treatment approaches to dual-diagnosis disorders. The problem in treating dual-diagnosis patients is that psychological and neuropsychological symptoms and disorders often are mimicked by the excessive use of alcohol or addictive drugs. Many patients may have more than two coexisting Axis I conditions, such as Axis II personality and Axis III medical disorders, making the diagnosis even harder to establish.

2:00 Six Core Strategies for Reducing Seclusion and Restraint in your Hospital

Lynda E. Frost, J.D., Ph.D. associate director, Hogg Foundation for Mental Health, Austin; and **Gayle Jensen Savoie, Ph.D.** director of the Texas Health Seay Behavioral Health Center, Presbyterian Hospital of Plano

This session discusses the role and priorities of the Hogg Foundation with emphasis on activities in the state to reduce seclusion and restraint use. In addition, get an update on legislative and regulatory changes affecting Texas-based hospitals.

3:00 Break

3:15 Understanding the Medicare RAC Program

Rodney McDonald nurse consultant, Centers for Medicare & Medicaid Services, Dallas

Congress has mandated nationwide implementation of the Medicare Recovery Audit Contractor program. Independent contractors are paid only when they identify payment errors. Rodney McDonald of CMS explains the program, which will be implemented in Texas just prior to this conference

4:15 Adjourn

Tuesday, July 14

8:30 a.m. Neuropsychological Consequences of Substance Abuse

Kent Foster, Ph.D. psychologist, Listening Tree Counseling Center, Austin

Gain a better understanding of the changes in brain structure and functioning as a result of alcohol and substance abuse. The elements of addiction, opponent process, tolerance, withdrawal and relapse will be discussed. Audience participation is encouraged throughout the presentation, and handouts will be provided.

9:30 Essential Skills Today's Leaders Need

John Checkley senior vice president of member relations, Texas Hospital Association, Austin

This presentation offers practical examples for coaching your best leaders in the essentials of self awareness, situational awareness and adaptability. Contribute to this high-energy exchange and come away with research-based steps your leaders can take.

10:15 Break

10:30 Perspectives on Mental Health Care in Texas

Ron Anderson, M.D., FACP president/chief executive officer, Parkland Health & Hospital System, Dallas

Ron Anderson, M.D., is a national health care leader who is passionate about the delivery of evidence-based medical care and mental health care. He makes the case for integrating mental health care more effectively into the health care delivery system.

11:45 Closing Remarks

Ed Prettyman, Psy.D. chief executive officer, Texas NeuroRehab Center, Austin, and chair, THA's Psychiatric and Chemical Dependency Services Hospitals Constituency Council

The views expressed by the speakers do not necessarily reflect the policies or opinions of the Texas Hospital Association.

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Registration Information

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Register online at THA's Web site, www.tha.org, or submit the attached registration form via mail or fax. If you have not received confirmation via the e-mail address provided on the registration form at least five business days prior to the program, please contact the THA Registrar at 800/252-9403, ext. 1057, or via e-mail to registrar@tha.org. **Without payment (via check or credit card), your registration cannot be processed.**

Substitution, Transfer and Cancellation Policy

Registrants unable to attend may send an alternate. Please notify THA prior to the program, if possible. Transfer from one THA education program to another is not permitted, and no financial credit will be granted. If a registrant cancels, the registration fee, less a 20 percent service charge, is refundable only if **THA receives notice in writing at least five business days prior** to the event. (Send notification via e-mail to registrar@tha.org or fax to 512/692-2653.) No refunds will be made for no-shows or for cancellations made less than five business days prior to the program. THA reserves the right to cancel or reschedule programs as determined necessary. If a program is canceled, full registration refunds will be issued. THA is not responsible for nonrefundable airline tickets or other travel expenses.

If you have **content questions** or **special needs** that require accommodation, please contact Michelle Newkirk at 512/465-1055 or via e-mail to mnewkirk@tha.org.

Meeting Location

Texas Hospital Association Headquarters

1108 Lavaca, Suite 700, Austin, TX 78701

For driving directions, go to:

<http://www.tha.org/ContactsDirections/>
Free parking in the THA garage.

Hotel

Doubletree Guest Suites

303 W. 15th St., Austin, TX 78701

Direct: 512/478-7000

For reservations: 800/222-8733

Room rate: \$99 single/double

Room cut-off date: June 27, 2009, based on availability

Parking: self - \$15; valet - \$21 per night

Continuing Education

Continuing Education Certificates for proof of attendance will be issued to all registrants attending this session.

These certificates should be placed on file at your hospital as evidence of attendance. Some national, state and local licensing boards and professional organizations will grant continuing education credits for attendance when you submit the course outline (save the brochure) and your certificate of attendance. If your discipline is not listed below for pre-approved continuing education, it is recommended that you contact your own board or certification organization to find out what is required.

The Texas Hospital Association is authorized to award **up to 9.0 hours** of preapproved Category II (non-ACHE) continuing education credit for this program toward advancement or recertification in the **American College of Healthcare Executives**. Participants in this program wishing to have the continuing education hours applied toward Category II credit should list their attendance when making application to the American College of Healthcare Executives for advancement or recertification.

The Texas Hospital Association is an approved provider of continuing nursing education by the **Texas Nurses Association**, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Successful completion of this program provides **up to 9.0 contact hours**. Approval as a provider refers only to recognition of the continuing education activity and does not imply endorsement or approval of any commercial product by the Texas Nurses Association, the American Nurses Credentialing Center's Commission on Accreditation or the Texas Hospital Association.

This course may be submitted to the **Texas State Board of Social Work Examiners** for **up to 9.0 credit hours**.

Attendance Policy: Participants who attend the entire program and complete and submit the Evaluation form will be awarded applicable continuing education credit.

2009 THA Psychiatric and Chemical Dependency Services Hospitals Constituency Council

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